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Wales





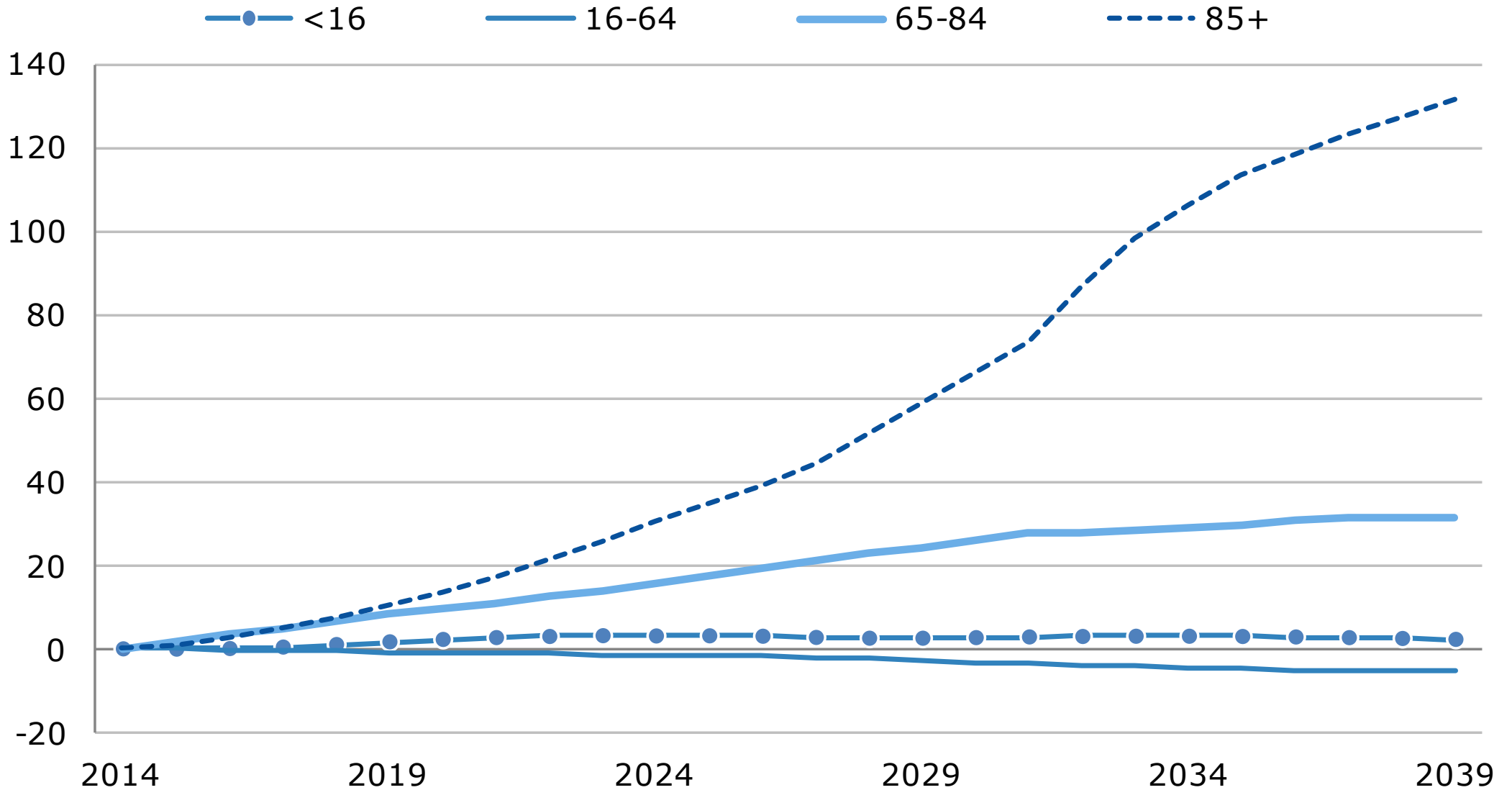
**HEALTH, SOCIAL CARE AND  
HOUSING...**

**BUILDING A HEALTHY AND  
SUSTAINABLE SOCIETY**

# POPULATION CHANGES

## Population projections by age group, percentage change since 2014, Wales, 2014-2039

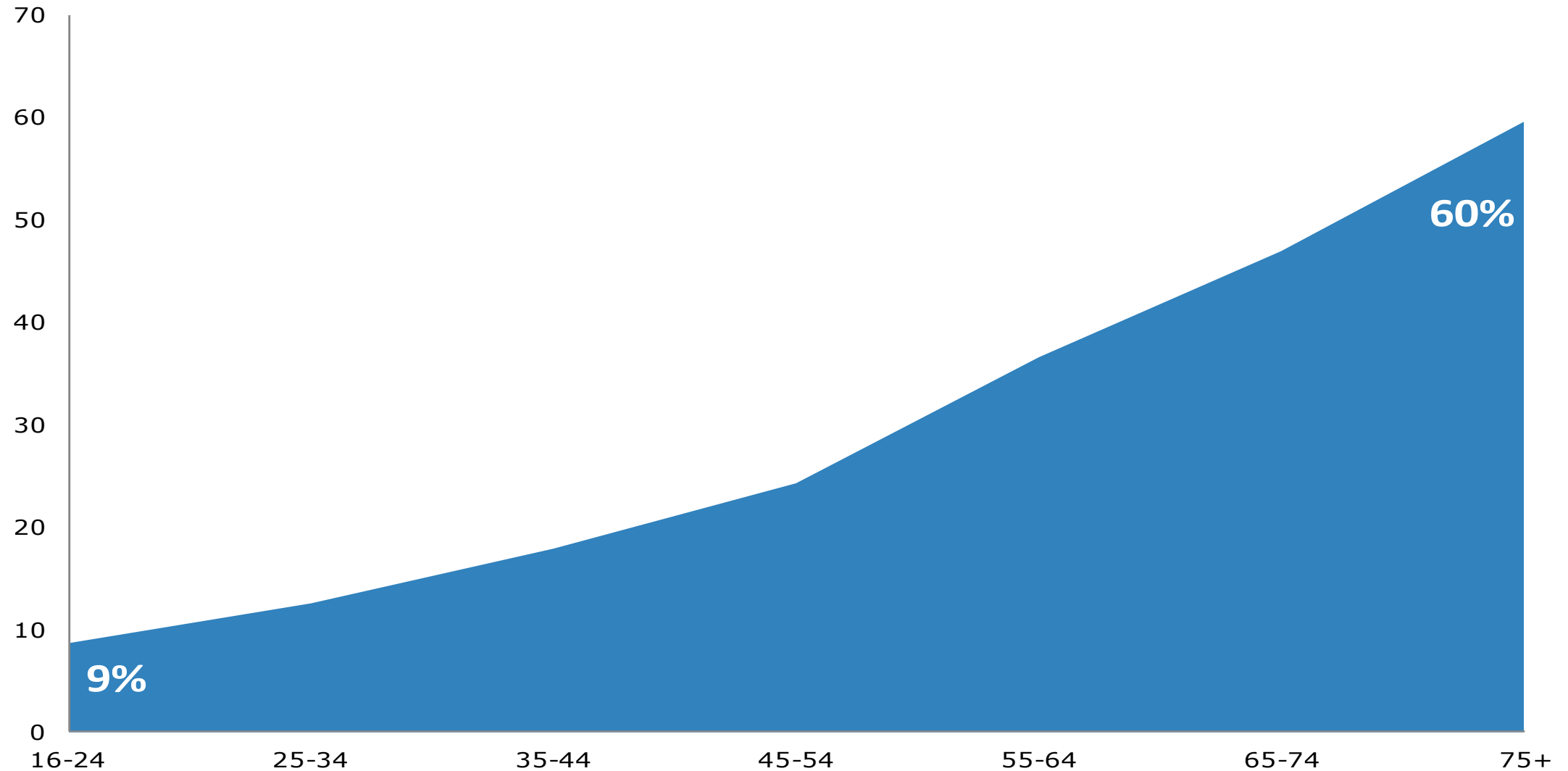
Produced by Public Health Wales Observatory, using 2014-based population projections (ONS)



# Burden of disease

**Percentage who have 2 or more illnesses, all persons aged 16+, Wales, 2015**

Produced by Public Health Wales Observatory, using WHS (WG)

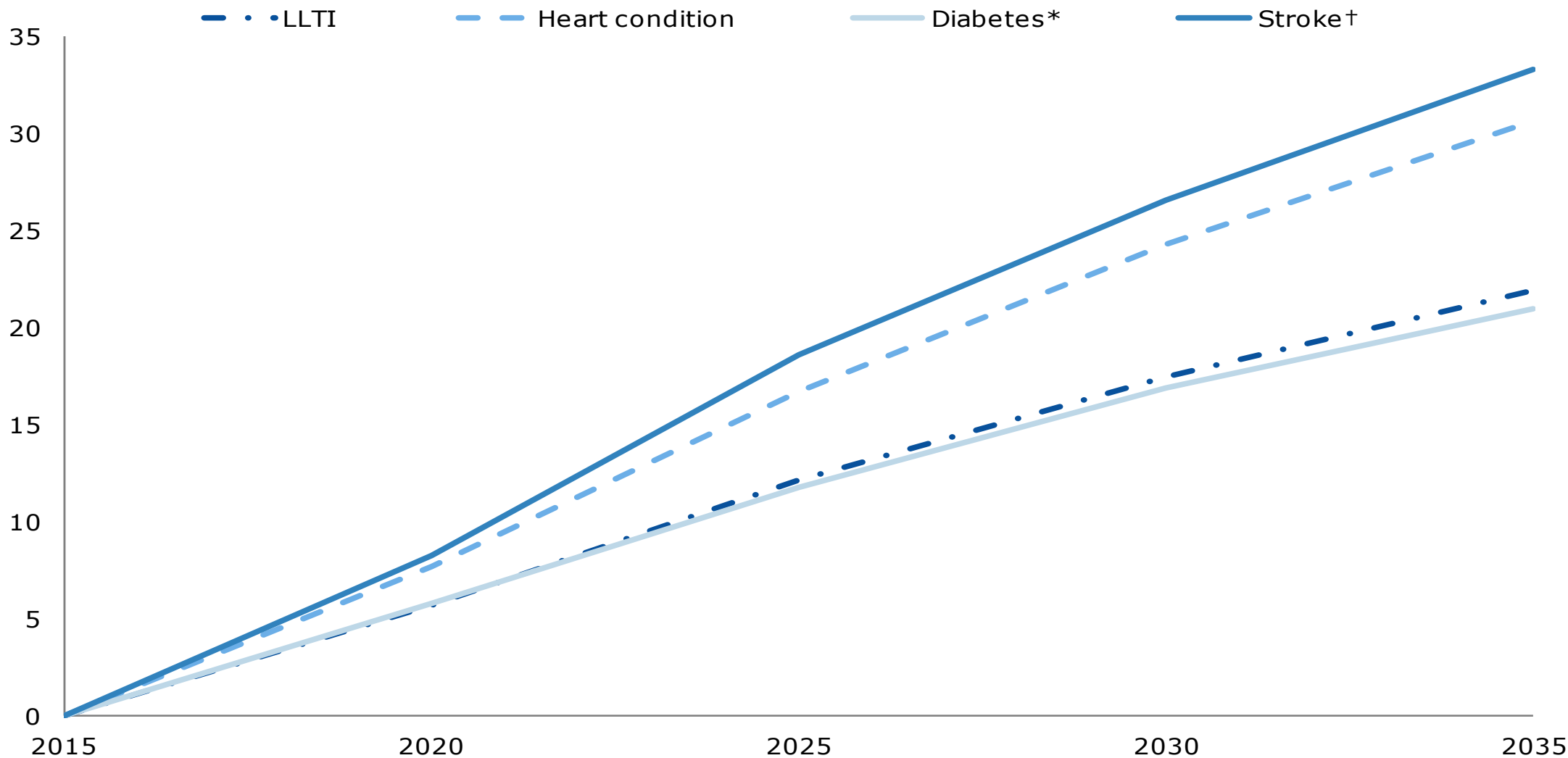


60% of the population aged 75+ reporting 2 or more illnesses

# Projected Health Conditions

**Persons predicted to have selected health conditions, percentage change since 2015, persons aged 18+, Wales, 2015-2035**

Produced by Public Health Wales Observatory, using Daffodil (Institute of Public Care)



\* Persons aged 25 and over

† Persons aged 16 and over

**Please note:** The Daffodil system applies Wales-level prevalence figures to projected population estimates for the areas in question to give a projected number of people who will have these conditions in the future. In doing so, a number of assumptions which may or may not hold true in the future are made and should be borne in mind when interpreting the results. In particular this data assumes that the population will continue to have the same prevalence of a disease in the future as it does now, and does not take account of prevalence change.





# Impact of Housing on Health

- Inadequate housing:
  - Respiratory, cardiac disease and cancer
  - Poor mental and physical health and wellbeing
- Dampness and mould
- Overcrowding
- Toxins (radon, tobacco smoke), pollutants
- Building design
- Housing tenure



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# Impact of Housing on Health

Kings Fund: poor housing costs NHS England >£2.5bn/yr in year in treating people with illnesses directly linked to living in cold, damp and dangerous homes.



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The background of the image features two red dragons with green wings and yellow eyes, looking intensely at the viewer. The dragons are positioned on the right side of the frame, with their heads and upper bodies visible. The text is overlaid on the left side of the image.

***HOW DO WE CREATE A  
HEALTHY AND  
SUSTAINABLE SOCIETY?***







# Journey so far....

- Focused areas for maximum impact
- National ~ Local ~ National...
- Focused areas:

## *Public Health and Housing Group*

- Falls prevention
- Preventing homelessness
- Adverse childhood experiences

## *Health, Social Care and Housing Group*

- Enabling people to live as independently as possible in the community



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# Journey so far....

- Significant progress, lots more to do
- Building the network of passionate Health and Housing Champions locally (workshop today)
- Evaluation of pathfinders, knowledge sharing and scale up across Wales

***A coalition of passionate people and organisations who want to make a difference to people's everyday lives***



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OPPORTUNITY

# Well-being Goals What we are aiming for?



## Sustainable Development Principle How we will deliver



Long Term



Prevention



Integration



Collaboration



Involvement

# Key Themes

- ❑ Prosperous and Secure
- ❑ Health and Active
- ❑ Ambitious and Learning
- ❑ United and Connected

## Priority Areas

- ✓ Early Years
- ✓ ***Housing***
- ✓ Social Care
- ✓ Mental Health
- ✓ Skills and Employability

**Prosperity for All:  
the national  
strategy**

Taking Wales Forward



# In Essence

***Now is the time for health and housing to be the bedrock of a healthy and sustainable society with our people – for our people***



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**Diolch yn fawr**



***He who has health has hope and he  
who has hope has everything.***

***Thomas Carlyle***